"The time is coming," said the Apostle Paul to his young protegé, Timothy, "when people will not endure sound teaching."

There are many who would say – and I would not disagree – that the time has now come. The church often seems to be full of aberrant teaching on a whole manner of subjects. The reason for unsound doctrine (an older word for teaching) is a failure to ground ideas in the truth of Scripture. Pioneers of the creation movement have often remarked that a failure to accept the early chapters of Genesis as literal truth is one of the major contributing factors to opening the door to other unbiblical errors.

The Greek word that is translated as sound in the phrase "sound teaching" is *hugiano* (ὑγιαινω), from which we get the English word *hygienic*. The implication in the apostle's letter is that there is something unhygienic and unhealthy in doctrines which are not derived from Scripture.

"How can a young man keep his way pure?" the Psalmist asks rhetorically. "By guarding it according to your word." Purity is evaluated by comparing it against what Scripture says. Therefore, the Scripture is a preventative medicine for tackling the issue of unhygienic doctrine.

Those who live in unhygienic conditions will get ill. Our spiritual health depends on us clinging to clean teaching from God's word.


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