

CREATION MOMENTS

Proclaiming Evidence for Truth

THIS WEEK'S CREATION MOMENT

The Not-So-Blind Watchmaker



Read Luke 6:39

Several years ago a book was published that tried to answer the "watchmaker" argument for a Creator. Simply put, the argument says that if you find a watch, you know that the watch didn't just happen. There had to be a watchmaker. This book, titled *The Blind Watchmaker*, tried to show that the design we see in the

creation is simply an illusion – there is no Watchmaker.

In answer to this claim, we can point to the millions of wonderfully intricate designs in the creation. However, it seems more fitting to respond to the claim that there is no Watchmaker by mentioning the many "timepieces" in the creation that tie everything together.

All of us are aware of the daily rhythm of waking and sleeping. However, this is only one of many timepieces in creation. Our bodies also have weekly, monthly and annual rhythms. So important are these rhythms to life and health that physicians are beginning to learn how to use them for healing. Doctors know, for example, that jogging in the evening will reduce platelet clumping in the blood; however, it won't in the morning. And doctors have learned that T-cells, which fight infections, are at a peak in the wintertime. Ulcer medicines are now timed to release in the body at night when flare-ups are the worst.

When medicine is so reliant on the many clocks built into us, we know they are not illusions. The entire complex creation is tied together by an even more complex set of clocks – all telling us that the Watchmaker is no illusion!

Prayer: Father, I thank You that in Your mercy You allow us to learn about how You made the creation operate so that we can alleviate suffering and death. I pray that this knowledge would lead people to You and not away from You. Amen.

Notes: Rosenthal, Elisabeth. 1990. "Medicine a matter of timing." *Minneapolis Star-Tribune*, October 2.

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