



CREATION MOMENTS

Proclaiming Evidence for Truth

THIS WEEK'S CREATION MOMENT

Your Busy Liver

Read Hebrews 3:4

An adult's liver is about the size of a football and weighs about three pounds, making it the body's largest internal organ. Tucked neatly beneath the ribs, your liver performs more than 500 different tasks. It is a vital link between your heart, lungs and digestive system.

Inside the liver is a bewildering array of microscopic veins in which each drop of blood is processed. Here, blood conditions are constantly monitored to make sure everything is up to standard. If more of certain substances are needed in the blood, they are supplied. Useless chemicals are broken down into useful chemicals. Proteins are made in the liver, blood-clotting factors are corrected, hormone balances are maintained, and poisons are neutralized. If substances are needed to fight an infection, they are produced and added to the blood.

The liver also stores vitamins and minerals and prepares itself to provide your body with quick energy when you need it. In addition, the liver makes bile, which is essential for digestion.

Structures like the liver have caused many evolutionists to abandon the idea that life is a result of millions of years of accidents. The liver is just too well designed and integrated into the body to have been produced by purposelessness and mindlessness. Surely it makes more sense to acknowledge a supremely wise Creator who loves His Creation, including you and me.

Prayer: I thank You, dear Father in heaven, for the wonderful way You have made me and for the way You keep my life going. Help me to dedicate my life to You, not only in word but also in deed. In Jesus' Name. Amen.

References: "The Liver: The Body's Refinery," *Discover*, April 1984, p. 80.

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